Supplementary file:

Table S1 Basic information and results of conceptualization of health literacy

Author (year)	Target population & restriction of health literacy	Methodology	Results of conceptualization of health literacy
Soellner, R., et	Health literacy in general	• Overview: qualitative research;	1. Basic literacy and numeracy skills;
al (2017) 23	population	• Participants: health experts;	2. Basic health related knowledge;
		• Data collection: brainstorming;	3. Self-perception;
		• Data analysis: concept mapping approach;	4. Proactive approach to health;
			5. Self-regulation;
			6. Self-control;
			7. Communication and cooperation;
			8. Dealing with health information.
Yuen E.Y.N., et	Health literacy in cancer	• Overview: qualitative research;	1. Access to information;
al (2016) 49	caregivers	• Participants: patients with cancers, cancer caregivers,	2. Understanding of information;
		healthcare providers and policymakers;	3. Relationship with the care recipient;
		• Data collection: workshops;	4. Relationship with healthcare providers;
		• Data analysis: concept mapping approach;	5. Managing challenges of caregiving;
			6. Support systems
Parisod. H., et al	Tobacco related health	• Overview: qualitative research;	1. Functional health literacy;
$(2016)^{41}$	literacy in early	• Participants: early adolescents;	2. Interactive health literacy;
	adolescents	• Data collection: focus groups;	3. Critical health literacy;
		• Data analysis: theoretical thematic analysis.	
Liao L. L., et al	Health literacy in children	• Overview: qualitative research;	1. Functional health literacy:
$(2016)^{42}$	(younger than 12-year-	• Participants: children, caregivers and tutors;	2. Interactive health literacy:
	old)	• Data collection: interview & focus group;	3. Critical health literacy:
		• Data analysis: data-driven thematic analysis;	
Rowlands G., et	Health literacy in general	• Overview: qualitative research;	1. Acquiring knowledge for health;
al (2015) 24	population	• Participants: people living in the most deprived decile	2. Understanding knowledge for health;
		regions in England;	3. Evaluating knowledge for health
		• Data collection: semi-structured interviews & focus	

		groups;	
		Data analysis: thematic analysis;	
Harrington, K.	Verbal exchange health	• Overview: qualitative research	1. Listening;
F. & Valerio, M.	literacy in general	• Participants: healthcare providers and patients;	2. Speaking;
A. (2014) 35	population	• Data collection: literature review, in-depth interview &	
		focus group;	
		• Data analysis: thematic analysis & grounded theory	
		approach.	
Gilbert M, et al	Sexual health literacy in	• Overview: qualitative research;	1. Information and message;
$(2014)^{48}$	gay men	• Participants: researchers, healthcare providers, policy-	2. Capacity to health information;
		makers and knowledge users;	
		• Data collection: literature from conference, mini-	
		interview & focus group;	
		• Data analysis: Thematic analysis	
•	Critical health literacy in	• Overview: qualitative research;	1. Advanced personal skills;
$(2013)^{36}$	general population	 Participants: policy makers & practitioners; 	2. Health knowledge;
		• Data collection: literature review & interview;	3. Information skills;
		• Data analysis: theoretical and colloquial evolutionary	4. Effective interaction between service providers and users;
		concept analysis;	5. Informed decision making;
			6. Empowerment including political action
Shreffler-Grant	Complementary and	Overview: qualitative research	1. Knowledge of dose of medicines;
J., et al (2013) ³⁷	alternative medicine	• Participants: health experts	2. Knowledge of effect of medicines;
	health literacy in general	• Data collection: literature review, authors' prior	3. Knowledge of safety of medicines;
	population	experiences & written feedback and teleconferences from	4. Knowledge of availability of medicines;
		health experts;	
		• Data analysis: inductive approach;	
•	Health literacy in limited	Overview: theoretical analysis;	1. Speaking;
$(2012)^{50}$	English proficiency	• Participants: NA;	2. Reading;
	populations	• Data collection: NA;	3. Writing;
		• Data analysis: NA;	4. Listening;
			5. Numeracy
Squiers L., et al	Health literacy in general	Overview: qualitative research;	1. Print literacy
(2012) 19	population	• Participants: NA;	2. Communication;

		Data collection: literature review;	3. Information seeking & eHealth;
		• Data analysis: thematic analysis based on an author	
		developed framework;	
Sørensen K., et	Health literacy in general	Overview: qualitative research;	1. Access;
al (2012) ⁵	population	• Participants: NA;	2. Understand;
		• Data collection: literature review;	3. Appraise;
		• Data analysis: thematic analysis based on an author	4. Apply.
		developed framework;	
Schulz, P. J. &	Health literacy in general	Overview: theoretical analysis;	1. Basic literacy;
Nakamoto, K.	population	• Participants: NA;	2. Declarative knowledge;
$(2012)^{25}$		• Data collection: NA;	3. Procedural knowledge;
		• Data analysis: NA;	4. Judgement skills
Paakkari Leena,	Health literacy in students	Overview: theoretical analysis;	1. Theoretical knowledge;
et al (2012) 38	(basic education or upper	• Participants: NA;	2. Practical knowledge;
	secondary school)	• Data collection: NA;	3. Critical thinking;
		• Data analysis: NA;	4. Self-awareness:
			5. Citizenship.
Massey P. M., et	Health literacy in	Overview: qualitative research	1. Navigating the health care system:
al (2012) ³⁹	adolescents	• Participants: adolescents, pediatricians & physicians;	2. Rights and responsibilities:
		• Data collection: focus group & interview;	3. Preventive care:
		• Data analysis: grounded theory approach;	4. Information-seeking:
			5. Patient–provider relationships:
Edwards, M., et	Health literacy in people	• Overview: qualitative research;	1. Knowledge;
al (2012) ⁴⁴	with long-term health	• Participants: patients with at least one long-term health	2. Self-management skills;
	conditions	condition;	3. Information seeking and use;
		• Data collection: semi-structured interview;	4. Communication with health professionals;
		• Data analysis: framework approach;	5. Active involvement in consultations.
Al Sayah, F. &	Health literacy in patients	• Overview: theoretical analysis;	1. Functional health literacy;
Williams, B.	with diabetes	• Participants: NA;	2. Interactive health literacy;
$(2012)^{45}$		• Data collection: NA;	3. Critical health literacy.
		• Data analysis: NA;	
Chinn, D.	Critical health literacy in	Overview: theoretical analysis;	1. Critical analysis of information:
$(2011)^{34}$	general population	• Participants: NA;	2. Understanding of the social determinants of health:

		 Data collection: NA; Data analysis: NA;	3. Engagement in collective action.
Buchbinder R.,	Health literacy in general	Overview: qualitative research;	1. Knowledge
et al (2011) 20	population	• Participants: patients with rheumatic conditions &	2. Attitude
		healthcare professionals and researchers;	3. Attribute
		• Data collection: nominal group process	4. Relationship;
		• Data analysis: semi-grammatical approach;	5. Skills
			6. Action
			7. Context
Oldfield, S. R.	Health literacy in the	Overview: qualitative research;	1. Reading skills;
& Dreher, H. M.	elderly	• Participants: NA;	2. Numeracy skills;
$(2010)^{43}$		• Data collection: literature review;	2. Comprehension;
		• Data analysis: concept analysis;	3. Decision making
Jordan J. E., et	Health literacy in general	Overview: qualitative research;	1. Knowing when to seek health information;
al (2010) ²⁶	population	• Participants: patients with chronic disease, general	2. Knowing where to find health information;
		population & patients attending to emergency	3. Verbal communication skills;
		department;	4. Assertiveness;
		• Data collection: in-depth interview;	5. Literacy skills;
		• Data analysis: grounded theory approach;	6. Capacity to process and retain information;
			7. Application skills
von Wagner C.,	Health literacy in general	Overview: theoretical analysis;	1. Ability to rely on literacy and numeracy skills when they are
et al (2009) ²⁷	population	• Participants: NA;	required to solve problems in the health domain.
		• Data collection: NA;	
		• Data analysis: NA;	
Freedman	Public health literacy in	Overview: theoretical analysis;	1. Conceptual Foundations:
Darcy A., et al	general population	• Participants: NA;	2. Critical Skills:
$(2009)^{22}$		• Data collection: NA;	3. Civic Orientation:
		• Data analysis: NA;	
Devraj, R. &	Health literacy in patients	Overview: theoretical analysis;	1. The ability to read information within the health care context;
Gordon, E. J	with chronic kidney	• Participants: NA;	2. The capacity to understand information within the health care
$(2009)^{46}$	diseases	• Data collection: NA;	context;
		• Data analysis: NA;	3. The capacity to apply information within the health care context.
Manganello, J.	Health literacy in	Overview: theoretical analysis;	1. Functional health literacy;

A. (2008) 40	adolescents	• Participants: NA;	2. Interactive health literacy;
		• Data collection: NA;	3. Critical health literacy;
		• Data analysis: NA;	4. Media literacy.
Mancuso, J. M.	Health literacy in general	Overview: qualitative research;	1. Capacity;
$(2008)^{28}$	population	• Participants: NA;	2. Comprehension;
		• Data collection: literature review;	3. Communication.
		• Data analysis: concept analysis;	
Paasche-Orlow,	Health literacy in general	Overview: theoretical analysis;	1. A person's ability for making health-related decisions,
M. K. & Wolf,	population	• Participants: NA;	2. The complexity of the tasks at hand;
M. S. (2007) ²⁹		• Data collection: NA;	
		• Data analysis: NA;	
Baker, David W.	Health literacy in general	Overview: theoretical analysis;	1. Health-related print literacy;
$(2006)^{30}$	population	• Participants: NA;	2. Health-related oral literacy;
		• Data collection: NA;	
		• Data analysis: NA;	
Zarcadoolas C.	Health literacy in general	Overview: theoretical analysis;	1. Fundamental literacy:
et al (2005) ³¹	population	• Participants: NA;	2. Science literacy:
		• Data collection: NA;	3. Civic literacy:
		• Data analysis: NA;	4. Cultural literacy:
Speros, C.	Health literacy in general	• Overview: qualitative research;	1. Reading skills;
$(2005)^{32}$	population	• Participants: NA;	2. Numeracy skills;
		• Data collection: literature review;	3. Comprehension;
		• Data analysis: concept analysis;	4. Capacity to use health information in decision-making;
			5. Successful functioning in the patient role.
Nielsen-	Health literacy in general	• Overview: qualitative research;	1. Cultural and conceptual knowledge
Bohlman L., et	population	• Participants: carefully selected experts from a wide	2. Print health literacy:
al (2004) ⁴		range of academic disciplines and backgrounds related to	3. Oral health literacy:
		health literacy	4. Numeracy.
		• Data collection: Not specific;	
		• Data analysis: expert consultation with committee on	
		health literacy;	
Lee, S. Y., et al	Health literacy in general	• Overview: theoretical analysis;	1. The capacity to obtain;
$(2004)^{33}$	population	• Participants: NA;	2. The capacity to process;

		Data collection: NA;	3. The capacity to understand;
		• Data analysis: NA;	
Schillinger,	Functional health literacy	Overview: theoretical analysis;	1. Literacy;
Dean (2001) 47	in patients with chronic	• Participants: NA;	2. Numeracy.
	diseases	• Data collection: NA;	
		• Data analysis: NA;	
Nutbeam, Don	Health literacy in general	Overview: theoretical analysis;	1. Functional health literacy;
$(2000)^{3}$	population	• Participants: NA;	2. Interactive health literacy;
		• Data collection: NA;	3. Critical health literacy.
		• Data analysis: NA;	

Table S2 The key themes and sub-themes of health literacy based on the qualitative synthesis

Key themes	Sub-themes	Co	ntents		Qι	uotes (Examples)
Knowledge of	/	1.	Knowledge	of	•	The construct (health literacy) includes cultural and conceptual knowledge
health, health care			medicine			that could include an understanding of health and illness and a
and health systems		2.	Knowledge of he	alth		conceptualization of risks and benefits; ³
		3.	Knowledge	of	•	(Information appraising involved) knowledge about health relevant
			healthcare system	n		behaviours and healthy lifestyle and basic knowledge about physical and
		4.	Knowledge	of		mental health and illness; ²³
			science		•	(Health care system knowledge and acting included) knowledge of rights
						and chances within the health care system; knowledge of who authorizes
						medical drugs and under which conditions these are authorized; proficiency
						on basic structures of the health care system; ²³
					•	Science literacy refers to levels of competence with science and technology,
					including some awareness of the process of science. ³¹	
To what extent	Ability to	1.	Basic skills		•	Health literacy, as defined in this report, includes a variety of components
people can process	process and use	2.	Information			beyond reading and writing, including numeracy, listening, speaking, and
and use information	information to		obtaining			relies on cultural and conceptual knowledge; ⁴
in various formats	guide health	3.	Information		•	A critical ability was knowing when to seek health information to determine
in relation to health	actions		understanding			if a health issue required immediate attention or could be self-managed; ²⁶
and health care		4.	Information		•	Communicative/interactive literacy—more advanced cognitive and literacy
			appraising			skills which, together with social skills, can be used to extract information
		5.	Information			and derive meaning from different forms of communication. ³
			communicating		•	Functional health literacy abilities included: 1) understanding basic health
		6.	Information			concepts; 2) comprehending the relationship between health behaviors and
			synthesising			health outcomes; ⁴²
		7.	Information		•	(Information appraising contains) ability to consider context information
			applying			when considering opinions given by experts, ability to reflect chances and
						limitations of medical science and health science; ability to assess the
						content of a study, ability to evaluate the importance of health promotion
						activities; ²³

Self-efficacy in	1.	Self-confidence	•	Individuals need to articulate their health concerns and describe their symptoms accurately and ask pertinent questions; Social skills, the ability and confidence to express one's views clearly, are also necessary. (Management skills contained) ability to make comparisons/weigh up options/make choices; (Skills regarding information contained) ability to synthesize information; A person has an understanding of the determinants and the policy context of health, an understanding of opportunities to challenge these determinants and policy and motivation and actual action at a political and social level. (Skills regarding these determinants and policy and motivation and actual action at a political and social level.)
processing and using health information	2.	Accountability	•	facilitate understanding of information. This was a stronger theme to emerge from participants with a chronic disease. Participants described the importance of actively clarifying information so they are able to fully comprehend the nature of the health issue and make informed choices; ²⁶ (Preventive care contained) attitude/perception of need to visit doctor during periods of wellness; ³⁹ (Attitude towards disease contained) learn to accept and live with your disease and acceptance of condition; (Attitude towards patient approach contained) willingness to take personal responsibility and interest in own health; ²⁰
Provision of information (active engagement in dissemination of consistent information in a language that is appropriate to consumers)	1.	simplicity, consistency and accuracy of the presentation and dissemination of health information	e d	Health-related print and oral literacy depend upon an individual's health-related reading fluency, health-related vocabulary, familiarity with health concepts presented in materials or discussed, and the complexity and difficulty of the printed and spoken messages that a person encounters in the healthcare environment. ³⁰ The uncertainties and inconsistencies of scientific evidence make it difficult for providers to communicate sexual health information, and leads to gay men getting different advice for the same topic Agencies are focused on and good at delivering "bad news" or disease, but focus less on "good news" or health (and are less experienced in doing so); ⁴⁸ (The definition of information presented in quality is that) information presented in simple, clear language and in a variety of formats to enable greater access to, and understanding of, health information; ⁴⁹

	Access to resources and support for processing and using information	2.	Access to health information and information infrastructure Information support from healthcare providers Information support from social networks External resources		(Context of access to information included) access to information; physical access to information services; adaptive equipment to access computer/library; access to medical dictionary; (Finances contained) access to a healthcare plan; (Context of health system covered) access to public health/free healthcare; ²⁰ This level of effective interaction is not only dependent on the skills of the individual but also on the skills of the professional who must be able to explain things clearly and provide information that is appropriate for patients. This was a theme that was only touched upon within the academic literature but which was central to the colloquial sample who stressed that critical health literacy would only exist if there was a commitment from health practitioners to provide accessible information and to engage in shared decision making. ³⁶ (The definition of social support is) family, friends and/or broader community groups who provide informal emotional, social, and/or informational support; ⁴⁹ (Definition of finances and legal support is that) availability of financial and legal support for caregivers from the government and/or community to assist
Ability to maintain health through self- management and working in partnerships with health providers		1. 2. 3.	Self-regulation ability Goal achieving Interpersonal skills	•	The ability (self-reflection) covers being able to become conscious of one's own feelings, needs, motives, values, attitudes, and experiences, plus their relation to one's own ways of behaving in a health-enhancing way. 38 (Self-regulation involved) the ability to self-regulate oneself and the adequate strategies at one's command; ability to deal with stressful and frustrating experiences; ability to protect oneself; discipline and self-control; ability to control needs and impulses; and capacity for delayed gratification; 23 Metacognitive knowledge (self-awareness of health literacy) enables people to set meaningful and manageable goals, to create and initiate purposeful strategies for attaining the goals, to evaluate and monitor their progress, to reconstruct their physical and social surroundings to meet the needs of the goals, to manage the time needed, to attribute causation, and to adopt future strategies. 38

- (Interactive health literacy means children) can understand and respect self and others' body autonomy in interpersonal interactions; can maintain and respect harmonious friendships in interpersonal interactions; can express appreciation and encouragement to other people in their life; can understand and respond to other people in interpersonal interactions; ⁴²
- (Communication and cooperation contained) ability and willingness to maintain relationships, networking with and for others; interpersonal skills to talk to others about oneself and one's health concerns; ability to achieve the satisfaction of personal needs in a social acceptable way; ability to listen to others; ability to adjust to others, empathy and sensitivity; ability to cultivate confining partnerships; teamwork and constructive dealing with conflicts.²³

Table S3: Search strategies of all included datasets

Datasets	Search strategy	Restrictions	Records retrieved	Search date
Cochrance Library	("health literacy") AND (Definition OR concept OR framework OR conceptual framework OR theory OR dimension OR model)	Publication in Cochrane Reviews (Reviews and Protocols), Other Reviews, Trials, Methods Studies and Economic Evaluations	176	2017.3.15
Pubmed	("health literacy") AND (Definition OR concept OR framework OR conceptual framework OR theory OR dimension OR model)	Limited to 2010 to current	972	2017.3.15
Medline	("health literacy".mp. or exp *Health Literacy/) AND (Definition or concept or framework or conceptual framework or theory or dimension or model).mp. [mp=title, abstract, original title, name of substance word, subject heading word, keyword heading word, protocol supplementary concept word, rare disease supplementary concept word, unique identifier, synonyms]	Limited to 2010 to current	1021	2017.3.15
Embase	("health literacy".mp. or exp *Health Literacy/) AND (Definition or concept or framework or conceptual framework or theory or dimension or model).mp. [mp=title, abstract, heading word, drug trade name, original title, device manufacturer, drug manufacturer, device trade name, keyword, floating subheading]	Limited to 2010 to current	1796	2017.3.15
PsycARTICLES	("health literacy" AND pd(20100101-20171231)) AND (Definition OR concept OR framework OR conceptual framework OR theory OR dimension OR model)	Limited to 2010 to current	212	2017.3.15
Web of Science	Theme: (Definition OR concept OR framework OR conceptual framework OR theory OR dimension OR model) Index=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, ESCI, CCR-EXPANDED, IC time=2010-2017 AND Theme: ("health literacy")	Limited to 2010 to current	1308	2017.3.15

Index=SCI-EXPANDED, SSCI, A&HCI, CPCI-S, CPCI-SSH, ESCI, CCR-EXPANDED, IC time=2010-2017

Scopus

TITLE-ABS-KEY ("health literacy") AND TITLE-ABS-KEY

(definition OR concept OR framework OR conceptual AND framework OR theory OR dimension OR model) AND

PUBYEAR > 2009

Limited to 2010 to current 544 2017.3.15

Table S4: Data collection chart

Bibliog	raphic inf	ormation		Results of conc	eptualization	Others				
Order	Author (Year)	Objective/Aim	Restriction of health literacy	Data/Participants	Data collection	Data analysis	Components of health literacy	Interpretation	Reviewer's Comments	Others